



## Trace A Tofu, Lettuce, And Tomato Sandwich Through The Human Alimentary Canal 😊

- This sandwich contains \_\_\_\_\_ (in the tofu, bread, and vegetables), \_\_\_\_\_ (especially in the tofu), \_\_\_\_\_ (in the bread and vegetables), \_\_\_\_\_, **vitamins**, **minerals**, **trace elements**. Most of the nutrients must first be **broken down** before they can be absorbed.
- The mouth **grinds** up the food with the action of its \_\_\_\_\_ **teeth**, which tear, grind, and mash to a pulp (now called a \_\_\_\_\_) the food. The food is moistened and lubricated with saliva, and at the same time \_\_\_\_\_ in the saliva breaks some of the \_\_\_\_\_ in the food to \_\_\_\_\_.
- The food passes through the pharynx and into the esophagus, and moves down this tube through peristalsis. It enters the stomach through the \_\_\_\_\_.
- Presence of \_\_\_\_\_ in the food (as well as the \_\_\_\_\_ of the stomach) causes \_\_\_\_\_ to be released into the blood, which causes the gastric glands at the top of the stomach to release \_\_\_\_\_ (containing \_\_\_\_\_ and \_\_\_\_\_, which combine to form \_\_\_\_\_).
- In the stomach, the food is **churned** by the stomach, and the enzyme \_\_\_\_\_ breaks down some of the \_\_\_\_\_ to smaller \_\_\_\_\_. HCl kills much of the \_\_\_\_\_ in the food.
- The food, now called \_\_\_\_\_, passes through the \_\_\_\_\_ into the \_\_\_\_\_ of the small intestine. Its presence causes the small intestine to release the hormones \_\_\_\_\_ and \_\_\_\_\_. Secretin causes the pancreas to release \_\_\_\_\_, which is sent through ducts to the small intestine, where it \_\_\_\_\_ the \_\_\_\_\_, and makes the pH of the small intestine slightly \_\_\_\_\_. CCK acts on the \_\_\_\_\_, causing it to release \_\_\_\_\_ into the small intestine. Bile **emulsifies** \_\_\_\_\_ into small \_\_\_\_\_ that can be more easily attacked by \_\_\_\_\_. CCK also acts on the pancreas, causing it to release **pancreatic** \_\_\_\_\_, which contains the enzymes \_\_\_\_\_ (digests **starch** to \_\_\_\_\_), \_\_\_\_\_ (digests polypeptides to smaller polypeptides) **chymotrypsin** (digests other polypeptides to smaller polypeptides), \_\_\_\_\_ (digests fats to glycerol and fatty acids), **carboxypeptidase** (digests some small polypeptides to amino acids), and \_\_\_\_\_ (digest DNA and RNA to nucleotides).
- \_\_\_\_\_ in the small intestine itself produces **aminopeptidase** (digests some small polypeptides to amino acids), \_\_\_\_\_ (digest small polypeptides and dipeptides to amino acids),

\_\_\_\_\_ (digests maltose to glucose), \_\_\_\_\_ (digest sucrose to glucose and fructose), \_\_\_\_\_ (digests lactose to glucose and galactose), **phosphatases** (digests nucleotides), and **enterokinase** (digests trypsinogen).

- Thus, all parts of the food is digested to \_\_\_\_\_ (e.g. glucose, amino acids, glycerol, fatty acids) in the small intestine.
- The digested food moves into the much longer \_\_\_\_\_ and \_\_\_\_\_ of the small intestine. Here it is **absorbed** across the walls of the \_\_\_\_\_ lining the small intestine. \_\_\_\_\_, \_\_\_\_\_ **acids**, and other \_\_\_\_\_ -**soluble** compounds moving into the \_\_\_\_\_ **network** in each villus. They move in the blood to the **liver** through the \_\_\_\_\_ **vein**. **Fatty acids** and \_\_\_\_\_ are absorbed across the villi, are **recombined** into **fat** molecules in the epithelial cells of the villus. The fats then move into the \_\_\_\_\_ of each villus and enter the \_\_\_\_\_ **system**. The lymphatic system eventually rejoins the circulatory system where the two systems connect near the left shoulder.
- Absorption is both \_\_\_\_\_ and **passive**.
- The \_\_\_\_\_ **processes** all the nutrients, storing some, interconverting others, and releases them into the bloodstream as necessary to maintain nutrient levels (e.g. the concentration of glucose is constant at 0.1% in the blood, regardless of the carbohydrate content of a meal).
- The **non-**\_\_\_\_\_ **material** that is left (consisting of water, cellulose fiber, bacteria, and traces of other materials such as heavy metals) passes from the small intestine, through the cecum, and into the \_\_\_\_\_.
- In the large intestine, about \_\_\_\_\_ % of the water is absorbed from the non-digestible material, now called **feces**. **Bacteria** in the large intestine, including \_\_\_\_\_, the most common bacteria in the digestive system, feed on non-digested material, and in the process produce the gases **methane**, **hydrogen sulfide**, and **vitamin** \_\_\_\_\_ (which is absorbed by the host). Finally, the feces passes out of the body via the \_\_\_\_\_.

⇒ *There are a total of **80** blanks in this assignment. Total up the # of correct answers, then divide by 8 to get a mark out of 10 (answer to one decimal place)*

Raw Score

80

divide by 8 →

10