

 **Trace A Tofu, Lettuce, And Tomato Sandwich Through The Human Alimentary Canal 😊**

- This sandwich contains _____ (in the tofu, bread, and vegetables), _____ (especially in the tofu), _____ (in the bread and vegetables), _____, **vitamins, minerals, trace elements**. Most of the nutrients must first be **broken down** before they can be absorbed.
- The mouth **grinds** up the food with the action of its _____ **teeth**, which tear, grind, and mash to a pulp (now called a _____) the food. The food is moistened and lubricated with saliva, and at the same time _____ in the saliva breaks some of the _____ in the food to _____.
- The food passes through the pharynx and into the esophagus, and moves down this tube through peristalsis. It enters the stomach through the _____.
- Presence of _____ in the food (as well as the _____ of the stomach) causes _____ to be released into the blood, which causes the gastric glands at the top of the stomach to release _____ (containing _____ and _____, which combine to form _____).
- In the stomach, the food is **churned** by the stomach, and the enzyme _____ breaks down some of the _____ to smaller _____. HCl kills much of the _____ in the food.
- The food, now called _____, passes through the _____ into the _____ of the small intestine. It's presence causes the small intestine to release the hormones _____ and _____. Secretin causes the pancreas to release _____, which is sent through ducts to the small intestine, where it _____ the _____, and makes the pH of the small intestine slightly _____. CCK acts on the _____, causing it to release _____ into the small intestine. Bile **emulsifies** _____ into small _____ that can be more easily attacked by _____. CCK also acts on the pancreas, causing it to release **pancreatic** _____, which contains the enzymes _____ (digests **starch** to _____), _____ (digests polypeptides to smaller polypeptides) **chymotrypsin** (digests other polypeptides to smaller polypeptides), _____ (digests fats to glycerol and fatty acids), **carboxypeptidase** (digests some small polypeptides to amino acids), and _____ (digest DNA and RNA to nucleotides).
- _____ in the small intestine itself produces **aminopeptidase** (digests some small polypeptides to amino acids), _____ (digest small polypeptides and dipeptides to amino acids),

_____ (digests maltose to glucose), _____ (digest sucrose to glucose and fructose), _____ (digests lactose to glucose and galactose), **phosphatases** (digests nucleotides), and **enterokinase** (digests trypsinogen).

- Thus, all parts of the food is digested to _____ (e.g. glucose, amino acids, glycerol, fatty acids) in the small intestine.
- The digested food moves into the much longer _____ and _____ of the small intestine. Here it is **absorbed** across the walls of the _____ lining the small intestine. _____, _____ **acids**, and other _____ **-soluble** compounds moving into the _____ **network** in each villus. They move in the blood to the **liver** through the _____ **vein**. **Fatty acids** and _____ are absorbed across the villi, are **recombined** into **fat** molecules in the epithelial cells of the villus. The fats then move into the _____ of each villus and enter the _____ **system**. The lymphatic system eventually rejoins the circulatory system where the two systems connect near the left shoulder.
- Absorption is both _____ and **passive**.
- The _____ **processes** all the nutrients, storing some, interconverting others, and releases them into the bloodstream as necessary to maintain nutrient levels (e.g. the concentration of glucose is constant at 0.1% in the blood, regardless of the carbohydrate content of a meal).
- The **non-_____ material** that is left (consisting of water, cellulose fiber, bacteria, and traces of other materials such as heavy metals) passes from the small intestine, through the cecum, and into the _____.
- In the large intestine, about _____% of the water is absorbed from the non-digestible material, now called **feces**. **Bacteria** in the large intestine, including _____, the most common bacteria in the digestive system, feed on non-digested material, and in the process produce the gases **methane, hydrogen sulfide**, and **vitamin _____** (which is absorbed by the host). Finally, the feces passes out of the body via the _____.

⇒ *There are a total of **80** blanks in this assignment. Total up the # of correct answers, then divide by 8 to get a mark out of 10 (answer to one decimal place)*

Raw Score

80

divide by 8 →

10